

Seniors Happiness from the Socio-demographic Factors Point of View

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Abstract:

This paper reports the image of the current level of happiness of Slovak seniors in relation to selected socio-demographic factors. We compare the level of happiness of Slovak seniors with the level of happiness of seniors in selected European countries. The research is a secondary analysis of data from the sixth round of the European Social Survey (ESS) from the years 2012 to 2013. We have found that most of Slovak seniors are considering themselves lucky people. Happiness among seniors is differentiated mainly by household income, health status, marital status and size of residence. Slovak seniors, according to the level of happiness are about in the middle of the ranking of researched countries. Country comparison showed that the highest levels of happiness were reported by seniors living in Denmark, Iceland and Norway. Conversely, the lowest level of happiness was found in elderly participants living in Bulgaria, the Russian Federation and Hungary. The above findings are of particular interest due to the current problem of an aging population and provide a basis for further investigation of this issue.

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